



Spring Farm CARES

ANIMAL & NATURE SANCTUARY

December 2022

Your Kindness Is Not Just Random

There is a lot of talk these days about doing random acts of kindness, especially at this time of year. Recently we heard someone explaining to children that random acts of kindness are great to do because “it makes you feel good afterward”. While that indeed may be true, there is another side to being kind that we often overlook. What about how it feels and affects whomever is receiving that kindness?

Your kindness changes lives. In this issue, we'd like you to know what it is like for some of the animals who have received your kindness and how you have changed their lives.

Kindness doesn't have to be just random. Yes, making a special effort to give someone a much needed smile or to hold the door for someone or let someone in line during rush hour traffic is all wonderful. Any and all acts of kindness are great! But kindness doesn't have to stop there. Kindness can be a way of life. Not random, but a deliberately chosen path each day. Each one of us can wake up each day and choose to be kind.

Kindness is a super power. It changes lives, opens hearts, gives hope when none can be found, and is a light out of darkness. You can be the difference in someone's life that you can't even see or know about.

Many of these animals have come to Spring Farm CARES out of great darkness and turmoil. Many had lost all hope. But your kindness changed it all. Hopefully, it makes you feel good to know that. We are so grateful to you for being so kind.

Many of you have never even been here to the farm, but you hold the animals in your hearts and keep them in your thoughts, and that act of kindness is also very powerful.

You are making your kindness more than random and with that you are touching lives more than you can ever know. Thank you!



3364 State Route 12, Clinton, NY 13323 / (315) 737-9339
www.springfarmcares.org / information@springfarmcares.org
Facebook: www.facebook.com/springfarmcares
a 501(c)3 Not-for-Profit Organization EIN: 16-1388835

Here Are Just A Few Of Our Animals

Mary Beth



Mary Beth is a most special being who came to us in 2015 when we were contacted by an organization for disabled pets. Mary Beth came all the way from North Carolina to our sanctuary because of the special care we could offer to her. Mary Beth is now about 11 years old. She was born with a deformity in her neck that impedes her movement and ability to lift her head up more than what you see in the photo to the left. But that doesn't stop Mary Beth from enjoying life.

When she first arrived, she didn't trust anyone. But now, she thrives in her life here. She loves greeting visitors and she will push away her large donkey friend Mabel to be sure that she is first in line to say hello at the gate. Eventually this deformity will be fatal for Mary Beth. But she is grateful for every day she has and we are grateful to share them with her.

Molly



Molly came to us in 2010 as an accomplished show pony who suddenly went blind. Her career came crashing to an end and so did her whole identity. Molly could not fathom life in retirement at just 13 years old. But our horses here befriended her and taught her that life was about more than winning ribbons. Molly is now 25 years old. She understands completely that she has a greater purpose. About 5 years ago, her unsighted eyes became a constant source of pain and so we had them removed. While that sounds radical, she was already totally blind but the surgery brought her great and immediate relief.

Molly is an amazingly calm and functional blind pony. She navigates life and barn and barnyard with great trust and finnesse. Molly has learned that she is indeed a champion just by being herself. She is truly an inspiration.

Mary



Mary arrived at the farm in 2020 after she and a ram were confiscated by a humane investigator and were temporarily transferred to the humane society dog kennels. Sadly, the ram died shortly after we got them and Mary then became friends with one of our goats who needed a companion. Mary is about 10 years old now. She is quite a wooly sheep! She is also a character.

After her goat companion died of old age, we moved Mary in with our other two sheep where she now loves to be the queen of the ewes. Although Mary's life started out pretty rocky, she is quite content now to live a more laid back life here on the farm. Mary is very clear how grateful she is to be living the life she has here with us now.

Whose Lives Were Changed By Your Kindness

Alice is a perfect example of a cat who was in desperate need of help and found sanctuary just in the nick of time. We met Alice when she had been humanely trapped for a Feral Cat Spay/Neuter event we were hosting in 2016. It turns out that Alice made the right decision to go in to that trap that day. She was reaching the end of her rope living outside.

Alice was born without the long bone in both of her front legs. We have had other cats with this birth defect and they do quite well when they live indoors. But Alice was most likely rejected and dumped outside and abandoned. She was having a really hard time surviving as the other cats kept pushing her out of the feeding station. At the time, we didn't know if she was feral or not. But Alice turns out to be a sweet-heart, albeit a bit shy at first. She is now loving life in her warm, cozy cat room with her friends where she is safe and no longer bullied.

Alice



Woodward was found by the side of a road very badly injured in 2019. At first we assumed she had been hit by a car, but in fact she had been attacked very badly by an animal. She was covered in bite wounds, one of them being so bad, that it shattered a back leg. She was about one year old at the time and unknown to us was a further complicating factor for us in her care and recovery. Woodward was feral and was terrified of being touched. It was a long process to very carefully work with her in a way that was safe for her and for us.

But 3 years later, Woodward healed amazingly well and has full use of all four legs. She also has decided that living inside with people is indeed "her thing." Woodward is a shining example of a cat who never would have had a chance if it weren't for you.

Woodward



Eloise came to us in 2018 after she and over 20 other pigs were rescued in an animal cruelty case. The other pigs were taken to rescues but Eloise was being badly picked on by the group of pigs and was very traumatized. We were asked if we could give her a place by herself where she could just decompress until a solution could be found for her.

Well, as fate would have it, we discovered days later that Eloise was pregnant. Shortly after that, she delivered 6 healthy piglets. Eloise had opened up and blossomed with us when she knew she was safe. And her children knew nothing else than us as home. Although we are not set up to take in pigs in general, we decided that Eloise had been through enough in life and it was time to let her just be in the home she grew to love so much. We set up a habitat for the family to live out their days right here with us.

Eloise



Without You Their Dreams Would Still Just Be Dreams

It is hard to believe that we are now approaching the end of another year. As our hearts now look to a season of thankfulness and gratitude, we also pause to remember those who are less fortunate. Many of us can look back to days of our youth when things seemed more innocent. Where we gathered with family for holidays and we had our favorite holiday goodies and traditions. A time where we still believed in magical elves and flying reindeer and it still mattered if we had been naughty or nice. Remember those magical feelings?

The holidays also remind us about giving and taking care of those who are less fortunate. It is a time to reflect on giving thanks. The animals still believe in that special magic of the holidays. They feel it in the air. You may experience this with your own animals too. And yet, the holidays also bring up a lot of difficult feelings as well. Many deal with loneliness and depression. The animals remind us that in times like this, we need to stick together and support one another.

Many of our animals felt lost and alone, without hope, before they came here. But life changed dramatically for them when help arrived. You have done so much to help the lives of so many. You have made dreams come true. And, there is so much more to do. We look forward to another year of helping animals who in turn are helping people open their hearts in amazingly healing ways. To be in the presence of these animals is truly humbling.

As you gather with your loved ones, both human and animal, we thank you for keeping the less fortunate in your heart. Because of you, their dreams just might come true after all.

Many blessings to you and all of your family –

From the animals and humans of Spring Farm CARES



Ways You Can Help

Donate Securely On-Line: bit.ly/3TKtpO3

Become A Monthly Donor: bit.ly/3TKtpO3

Sponsor An Animal - \$100 for one Year:
bit.ly/3DdHivI



Donate Items From Our Wish Lists: bit.ly/3gyrcaf

Please keep us in mind for your estate planning. Let your legacy live on through the animals and nature.

Our Gift To You

**Enjoy a Message A Day From The Animals
November 24 - December 31**

This has been an annual tradition for several years now. Many of you have told us that it has become a tradition in your families to read these messages and share them. Each day, a message and photo will be posted to our Facebook Page and on our Website. The animals are asked, "What are you most grateful for?" You will be inspired by their answers.

