



KIBBLES & BITS

The Newsletter of
SPRING FARM CARES

www.springfarmcares.org

December 2010

From Our Hearts....

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To Yours

We animals give you unconditional love. It is the gift we have to share with you. But are you listening? Are you listening to your heart guiding you along your path? We know what your heart is capable of, which is why we are with you, and why we love you for who you are. It is time for you to trust in your own inner voice, the yearnings of your heart. This is a journey we share together.

---- Amber Donkey



FROM THE EDITOR'S DESK

by Rembrandt

Hi, I am Rembrandt, Dawn's assistant. I arrived here this year and am very glad to be back where I can be helping with the forward momentum of the farm. I got here just in time too, for things are really busy, and there is lots going on. This newsletter is being written by the animals of Spring Farm CARES. Granted, the humans are doing all the actual computer work to make this happen, but we are the ones behind this. We wanted to speak to you all directly. The gift of communication is available to all who want to listen. We have lots to share. We, the animals who love you, often sit quietly beside you just being present and sharing a space with you. But, rest assured, we are not being silent. We are whispering into your hearts as we sit with you. On the days when life seems so pressured and busy and full of background noise that just

won't go away, look beside you and notice who is with you. Every moment we get to spend with you is precious to us. We wanted to share some of our observations with you for this newsletter. A lot of you are going through trying times. It is most important during these times to trust your hearts. Who better to know that truth than the animals who spend so much time living in your hearts with you. Set your worries and anxieties aside for a brief time and let us take you with us to our farm where we are speaking, listening, and being heard. Come on, you can do it! We have some really cool things to share with you. Grab your coffee, settle in with your cats and dogs, and step into our world for a bit. I promise you won't regret it!

GOOSE GREETINGS

by Eastwood

Heads up! Its me, the goose. Nothing and I mean nothing passes by this farm without me knowing about it. I'm in charge mostly of the barn where I watch after the horses, ponies, goats, sheep, and ducks. But I also know where every dog on the property is at any given time. I am sort of like the watchman here. Every farm needs a good goose and this farm is lucky to have me. The hardest ones to look after are the humans of course, but I do my best to make sure they do what they are supposed to do.

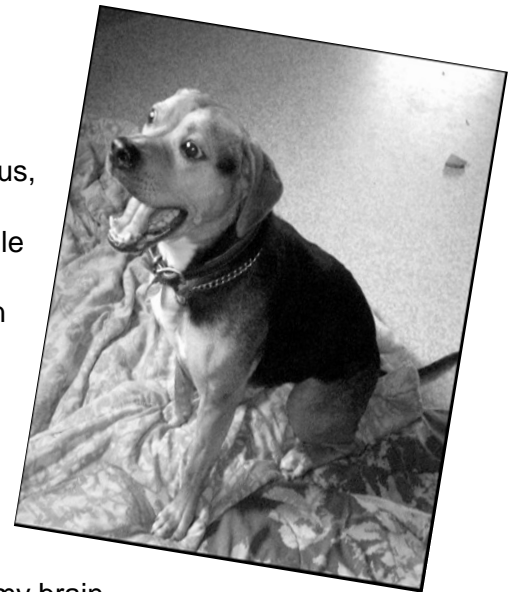
I was offered a spot for this newsletter to tell you all something important. I thought and thought about that. You see, I think that they offered this to be polite but didn't really think I'd share anything meaningful. But from being a goose, I have a particular perspective that no one else has. So here is my wisdom for the day. What I notice about humans is that you either move too fast, or you move too slow. But in either case, you seem to miss the obvious beauty around you. People hussle by me all the time, rarely stopping to notice the beautiful sunrise or sunset, or a rainbow, or even just a cloud. When people walk by me like that, I feel compelled to give them a good honking to, or better yet, a good peck at the shoe. Nothing is so bad in this world that we can forget the beauty around us. Because it is that very beauty that reminds us all why we are here and why we share this magnificent planet. That folks is goose wisdom. Now I must carry on with my duties, just like you, only I will be watching for every form of beauty I can see. And you?



MY BEST FRIEND PRINCE

by Hannah

Friendship is such an important thing. Prince was my best friend and he changed my life. Sometimes friends come and give things that are enormous, not just to our lives, but to our development. Prince was that kind of friend. My life was a mess when I first came to the farm. Before I came here, people wanted me to kill and be a killer. I was so confused. Then when I came here, people didn't want me to be like that. I was so scattered that my brain just ran in circles most of the time. If people walked by my room, I'd lunge and growl at them. Very few liked me. Almost no one trusted me. And I was alone without any friends. Prince was so different from me. He was big. He was solid. He was handsome. And everyone loved him. After several years of living here, he got to be in the room next to me. I fell in love with him. I learned from him that I could be peaceful in my room. I didn't need to spring at the glass when people walked by. Then I learned that I could be peaceful within myself. I didn't need to be swirling around in my brain, but instead, I could just sit and watch and be a part of things. I had my friend Prince after all. Then, an amazing thing happened. People started to look at me differently. They began to like me. They began to trust me. Suddenly, I have nothing but friends. All because a big goofy Newfy dog named Prince showed me what that looked like for him. And when I looked out through his window, I liked what I saw, and I appreciated the view.



Prince died this summer. I knew he was old. I knew he had long outlived the years his body was supposed to have lived. And I knew it was time for him to leave. But I didn't know how to say good-bye. Yet, my friend was to teach me one last thing. He taught me that I didn't have to say good-bye. I lay just a few feet away from him when he left. I felt him depart. And I felt him settle even deeper into my heart. I swear I could feel his big heart beating within mine. I could feel his safety fill my space. I could feel his friendship settle within my soul where I know I'll know him forever. I lost the presence of his big body in my life, but I didn't lose his friendship. And I still have the other human friends I have now made. They cared about how I was feeling. They brought a photo of Prince and hung it on my door where I can always see him. That helps me remember that indeed I am still safe within my room, and safe within myself, thanks to his friendship and what he gave to me. Thank you Prince. Your love is safe within my heart, and the view of the world you shared with me is now my own view as well.

FROM THE OTHER SIDE, I REACH OUT TO YOU

by Prince

Life was good to me. I lived all that I could, and then, I left. Gone only from your eyes, but here always in your heart. Your friendship gave to me the strength to overcome great fear. That moved me forward along my path, as I walked into spirit, knowing you were in my heart. Two dogs who had less in common than any could imagine. Yet our paths merged on the trail of Life and we walked together to help one another find our way. I dare say, dear Hannah, that we helped some others understand our hearts more fully. They saw that diversity does not mean incompatibility. And they learned that friendship knows no bounds. Keep on looking out our window together. Keep on finding the joy in a sunny day. Keep on living with our friends. I walk beside you until one day our paths will merge again and we will once more find a new way of looking at things. Together.



EMBRACING SPIRIT – DEMYSTIFYING DEATH

An Inspirational 2 day Seminar with Dawn Hayman

Just like breathing, if you are alive, you are sure to experience death. Death and the after-life are often shrouded in mysticism, supposedly understood by only the masters or the highly evolved. Thus, many of us go through life in fear of this supposed great unknown.

I have been privileged to travel between and within both the physical and the spirit worlds. From a young age, I have been guided during my sleep state to assist people who are crossing into spirit. During my 23 years as an Interspecies Communicator I have personally assisted and traveled with thousands of animals as they made the transition from physical into spirit, and thousands of other humans and animals have communicated through me from spirit.

My guides and animal teachers have conspired for years to urge me to share with you the amazing and uplifting realities of the transition into spirit, life after “death”, and our continuing heart connection with loved ones who are in spirit.

Join me for two uplifting days at my new seminar, “**Embracing Spirit**”, as we look at the full circle of Life and how the Spirit and the Physical realms are connected in a loving embrace. Through the many experiences and stories I will share we will gain the understanding that heart connections are eternal. “**Embracing Spirit**” will reconfirm the connections and understandings you have already felt, and it will take you deeper into your own heart where you have access to all of your eternal heart relationships.

Seminars are limited to 10 participants, held in a special space, surrounded by the energy of Spring Farm CARES.

Cost: \$375, includes lunches and snacks.

Dates for 2011: April 30-May1, June 11-12, Sept. 10-11, Oct. 8-9

For more details see our website: www.springfarmcares.org/workshops.htm or call our office at (315) 737-9339, M-F, 9am-4pm.

As we walked together from the physical realm into spirit, my horse friend looked at me in this last moment we’d share in this lifetime together. Her words filled my heart.

“Remember, we will always know the love we share. This is eternal. Don’t think that when you can no longer see my body that I am absent. For if it is absence you choose to focus on, it is absence you will feel. Instead, stay connected to the love we share, and you will feel me with you always.”

Then she turned away and I saw the two horse friends who came to greet her. It was a joyous reunion as the three of them galloped off together. Her joy filled my heart.

Although I still felt great loss, I knew that was my own. For she had lived a life complete and left to join others who loved her just as much as I.

As experienced by Dawn during the crossing over of Arab mare Deelight.

What Participants are Saying about the EMBRACING SPIRIT Seminar

“This seminar has given me hope again.” C.S.

“This seminar takes the fear out of life.” C.H.

“Dawn is a brilliant teacher, this seminar is one of joy. Death is a part of life and Dawn is able to show us that it is not an end but a continuation. The seminar is uplifting, it brings us back to those we thought we had lost as we learn that this is far from the truth, that they are with us. This seminar is a gift to all who take it, I highly recommend it to everyone and plan to take it again next year.” J.S.

“A most profound thank you for your seminar on death and dying. I believe I am coming back to myself after a long time away. It’s not a blinding flash but a slow awakening that feels so right. When I left, I felt as if I were leaving my place of peace, Shangri-la, and it was hard. But there is a golden connection and for that I am truly, truly thankful.” C.S.

LOVE GOT ME THROUGH

by Teddy

My life became very challenging when I was thrown out of my house and found myself homeless and sick. Declawed and not as young as I once was, I didn't know what to do. I was just about giving up when some people noticed me and started feeding me. But I had a huge tumor on my shoulder which was making me very sick. I was brought to Spring Farm and they took me to get medical care. Now my life has taken another major change. The tumor is gone, I am healthy once again, and now I have been adopted into a new home. I never thought it would happen. But love is what got me through.



Editors Note: Teddy was one of the recipients of our Serenity Fund. Thanks to your support of this fund, he is alive and loved.

VOLUNTEERS AND VISITORS

by Addie



Addie with Hamilton College Volunteers

Hi, I'm Addie and I am the head greeter horse here at the farm. That means that when you come into our barn, I am the one who will first greet you and welcome you. We are so grateful for all of our wonderful volunteers who come and help out with so many tasks and then take time to visit with us too. We try to give back to them as much as they give to us. And we love to have visitors as well. Many times people come who have never been around horses before and have never even touched one. I like to offer my assistance for anyone who wants to give my nose a pat. Kids are always amazed at how big we are and the adults usually say that we feel so soft.

There is nothing like being the first horse someone touches. It is quite an honor. Plus, everyone stops to take their photos with me. I just love it!

For more information on Volunteering at Spring Farm, visit us online at www.springfarmcares.org/volunteer.htm or call our Volunteer Coordinator, Crystal, at (315) 796-5446, Tues – Saturday, 9am-5pm.

To schedule a tour of the farm or nature sanctuary, call our Office Manager, Karen, at (315) 737-9339, M-F, 9am-4pm. To schedule your school class, scout troops, clubs, etc. for a visit call our Humane Education Director, Joanne, at (315) 737-0933, M-F, 9am-5pm.



Addie with school children on a tour

They Come in Search of Help

Every day we face a steady stream of calls about animals in need of help, mostly cats. At our facility, we are always over capacity, but we try to help as many animals as we can. Their stories of hardship are often gut wrenching. Their perseverance is heroic. Their hearts warm ours. And their hope becomes our guiding force. They never hold a grudge, although, they could. They never give up, although, we'd understand if they would. They are waiting to share their hearts with those who will offer them a forever home. Here are two of the most recent newcomers to our facility.

Tessie



Tessie was found by one of our board members who runs a dog rescue. She had been spotted trying to seek shelter for several days in one of the dog areas but ran off each time. However, when they spotted her on the side of the road and pulled over and called to her, she ran to them, obviously looking for help. She was brought here to the farm where we discovered that not only was she extremely thin, but also "very" pregnant. She now has a safe, warm, place in which to have her kittens and find her new home. Tessie is as sweet as

can be, with the most brilliant gold eyes.

"I was looking for safety for my kittens and knew I had to find help. I am so glad that I did. Now I can rest until they come. I didn't know where to go. But my nightmare turned into a pleasant dream."

To Adopt an Animal

We have so many wonderful cats, kittens, and bunnies ready for adoption. We also have some very special senior cats ready to share their hearts and wisdom.

To view a list of cats and rabbits available for adoption, for information on our adoption procedure, and to download an adoption application, see our website at:

www.springfarmcares.org/adoptions.htm

Or you can call our office at (315) 737-9339, M-F, 9am-4pm.

Adoption tours are available by appointment.

The Serenity Fund

The Serenity Fund was started in 2010 to help animals who come into our facility hurt and abandoned and with extreme medical needs. Many of these animals require expensive surgeries, trips to specialists, and extensive rehab before they can be adopted into new homes, or if their needs require special care, they take up permanent residence with us.

For more information on the fund, and to see some of the animals who have benefited, go to our website at:

www.springfarmcares.org/serenityfund.htm

You can also earmark donations to this fund.

Imax

We accepted Imax in our sanctuary as a special needs cat. He was born on a farm and as a very young kitten he was attacked by a rooster, injuring his back. He has resulting neurological damage that causes him to bob his head around almost continuously. We have also discovered that he is deaf. Imax is the absolute sweetest cat and instantly won the hearts of all of our staff. He will be going to a specialist soon to see if there is anything that can be done for his neurological damage. We hope to find a wonderful home for him when he is ready to go. Imax is a very special cat and will benefit from our Serenity Fund to help injured/abandoned animals.

"Life is great! I just love everyone. Well, everyone except roosters that is. Now I don't quite trust them. But I would just love to snuggle and cuddle and play. That is what I want my life to be about. This place is cool. There is just so much to do."



Together We Make a Difference

Dinah

I've been around for a very long time. I used to be in the performance business and then in the breeding business. But when the person in charge of me no longer found me useful, he was selling me, and my best friend Chops, for slaughter. I was a bit put out by that frankly. I was starting to give up on humans. But then I came here and Chops and I discovered that life could be really good. That was nearly 20 years ago and I am now 39 years old. And you know what keeps me going? The knowledge that it takes so little to make a big difference. Because someone loved me, it saved my life. And I live today because my heart is filled with love for everything I have. What you give of yourself matters. What you give to others, can make the difference of a lifetime. Together, we can make a world of difference! That's a world worth living in for as long as I am able.



Help us Go Green
and keep up on all the news!

Enjoy more messages from
the animals, news about the
farm, and helpful information
on many topics of animal
care.

Sign up now to receive our e-
newsletter.

[www.springfarmcares.org/
email.htm](http://www.springfarmcares.org/email.htm)

We will not give away your email
address at any time for any reason.

How to Give

We are a not for profit organization funded completely by donations.

Every penny of your donation goes directly to the care of the animals or to the program of your designation.

You can donate on our secure website by going to:

[www.springfarmcares.org/
donate.cfm](http://www.springfarmcares.org/donate.cfm)

Or you can make checks out to **Spring Farm CARES** and send to:

**3364 State Rt. 12
Clinton, NY 13323**

**We thank you for your
support!**

Our Programs

Animal Sanctuary – home to 275-300 animals, many who are elderly, disabled, and have special needs, and hospice care. Includes: horses, donkeys, ponies, goats, sheep, ducks, chickens, cats, dogs, and rabbits.

Center for Animal Communication – home to Dawn Hayman, a pioneer in the field for 23 yrs. This forms the central premise of our organization – that all animals have souls and thoughts and feelings, and that we can communicate with them freely.

Rescue/Adoption Center – 120-150 cats, kittens, rabbits adopted out each year.

Nature Sanctuary – over 250 acres of protected land being returned/restored to its natural habitat.

Happy Hearth Spay Neuter – providing financial assistance for the spay/neutering of nearly 60,000 animals in the past 10 yrs. Also including a Feral Cat Trap/Neuter/Return program.

Humane Education Program – now reaching over 5,000 people per year! Providing schools with humane education programs as well as tours for schools, clubs, and groups for on-site programs.

THE GREATEST GIFT

I once was lost, but now I'm found,
was hungry and now I'm fed.
I walked the streets in search of hope,
a place to rest my head.
I cried and begged and was chased away,
and told that I should go.
I longed to find a place to be,
and someone who I'd know.
Then someone turned their heart to me,
and told me I need not fear.
And now I have the greatest gift -
a home that I hold dear.



Thanks for Helping Me Get Home!

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